



Ukrainian Mountaineering
and Climbing Federation



UIAA
Global Youth Summit

UIAA Youth Commission
Global Youth
Summit 2013

Kyrgyz Alpine Club



Project

International Youth Expedition

“Lenin Peak – 2013”

International Youth Expedition “Lenin Peak – 2013”

DEAR FRIENDS,

We invite you to participate in the International Youth Expedition “LENIN PEAK – 2013”. The expedition will be conducted according to the UIAA Youth Commission program “Global Youth Summits 2013” in Kyrgyz Republic.

Lenin Peak is situated in Zaalayski Range of the Pamirs. It is 7134m high and this is one of the highest peaks of this great mountain region. The classic routes to the top of Lenin Peak do not require employment of complicated mountaineering techniques. One of the particular features of this mountain is its easy accessibility. It is possibility to drive by car directly to the foot of the peak.

The first successful ascent to Lenin Peak was made by a group of Austrian mountaineers in 1928. The International Youth Expedition 2013 is devoted to the 75th anniversary of that sound event. The expedition will be organized and conducted by Kyrgyz Alpine Club under leadership of the club president well-known mountaineer Master of Sport Vladimir Komissarov.

Since many years under the program “Global Youth Summits” Youth Commission of UIAA has been conducting annual international expedition to the highest peak of Europe - Mt. Elbrus (5462 m) situated in the Caucasus. More than 400 young climbers from 18 countries took an active part in those events. To share the precious experience gained in all those expeditions with their colleagues from Kyrgyz Alpine Club the guides from Ukrainian Mountaineering Federation will take part in the International Youth Expedition to Lenin Peak.

Exciting expedition to “the roof of the world” (it is an ancient name of the Pamirs) waits for the participants. This expedition will start in the capital of Kyrgyz Republic - city Beshkek and then continue from the ancient city Osh along the old caravan road and along the border of China to the valley Alayskaya Dolina famous by its pastures. For the first time from this valley participants will see the grandiose Zaalaysky Range and a snow white massif of Lenin Peak which stands out in the middle of the range.

The basic camp is situated at the foot of the mountain on the glade Achik-Tash. Young climbers from different countries of the world will meet there. Thus, it will be a starting point of the ascent to the altitude of 7134 m.

Dear friends, we would like to wish you bright unforgettable impressions and realization of your dream to overcome one of the highest peaks of our Planet – Lenin Peak.

Good Luck!



Alexander Zaydler
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International Youth Expedition “Lenin Peak – 2013”

ITINERARY

**The project is conducted under the UIAA Youth Commission program
«Global Youth Summit 2013»**

Goal of the project: development and strengthening of contacts between young mountaineers from different countries of the world, development and promotion of youth mountaineering in the countries of Central Asia, commemoration of the 75th anniversary of the first ascent to Lenin Peak in 1928.

Organizer: Kyrgyz Alpine Club

Project Manager: Alexander Zaydler (Member of YC UIAA, Honorary Trainer of Ukraine)

Head of the expedition: Vladimir Kommissarov (President of Kyrgyz Alpine Club)

Time: 27.07.2013 – 13.08.2013.

Place: Zaalaysky Range, the Pamirs, Kyrgyz Republic.

Rout to Lenin Peak 7134m: from the North.

Participants: 18 -30 years. Participants should not have any medical counterindications to high altitude ascents, should have experience of ice and snow techniques and security setting.

Application admission: filled in application form should be submitted till **the 30th of May, 2013** to the e-mail address of the project manager Mr. Alexander Zaydler: a_zaidler@yahoo.com.

Point of Arrival: international Airport Manas, Bishkek, Kyrgyz Republic.

Transfers: flight Bishkek – Osh - Bishkek, transfers Osh - Achik-Tash - Osh, transfers from airports to the hotels and back.

Accommodation: hotels in Bishkek and Osh, tents in a Basic Camp in Achik-Tash (3800m), in an Altitude Basic Camp (4300m) and in the Camps I,II and III.

Meals: breakfast in the hotels in Osh and Bishkek, lunch during the transfer from Osh to the Basic Camp and on the way back, full board in a Basic Camp and in the Altitude Basic camp, packed meal during the ascent.

Equipment: see the equipment list in the additional information package (to be provided).

Documents: the participants should have valid passports and accident and medical insurance.

Visas: please check if you need visa to enter Kyrgyz Republic. If yes, we will arrange the visa support.

International Youth Expedition “Lenin Peak – 2013”

Insurance: Every participant must have proper medical insurance valid for the period of expedition in the Pamirs at the territory of Kyrgyz Republic. Please ensure that your insurance company is aware of your itinerary and guarantees to cover risks of the activities you will be involved in including the costs of mountain search & rescue, helicopter evacuation and medical expenses.

Price: Euro 750 per person including registration fee.

The registration fee - **Euro 150** - should be paid in advance until the 15th of June 2013.

In case of cancelation of participation, the registration fee is not refundable.

Price includes:

- meeting and farewell at the airports;
- plane tickets Bishkek – Osh - Bishkek;
- transfers according the program;
- allowance to enter the border zone;
- 1 night on BB basis in the hotel in Bishkek, 2 nights of BB basis in a hotel in Osh;
- meals according to the program;
- transfer of luggage (up to 20 kg. per person) from the Basis Camp to the Altitude Basic Camp (4300m) and back;
- consultations on the route;
- youth leaders support.

Price does not include:

- visa,
- transportation of the luggage from the Altitude Basic Camp (4300m) to the top and back,
- services of the guide during the ascent,
- sputnik phone,
- gas balloons,
- drinks, personal expenses.

Deadline of applications: the 30th of May, 2013

More detailed information about the expedition will be provided in the document “Additional Information”. This document will be sent to every participant after submission of the filled in application form.

Possibility of the additional sightseeing tours: there is the possibility to order the seven day tour across Uzbekistan including visits to the ancient cities of the Central Asia (Fergana, Tashkent, Samarkand, Bukhara, Khiva). You will find the information about this excursion in the document “Additional Information”.

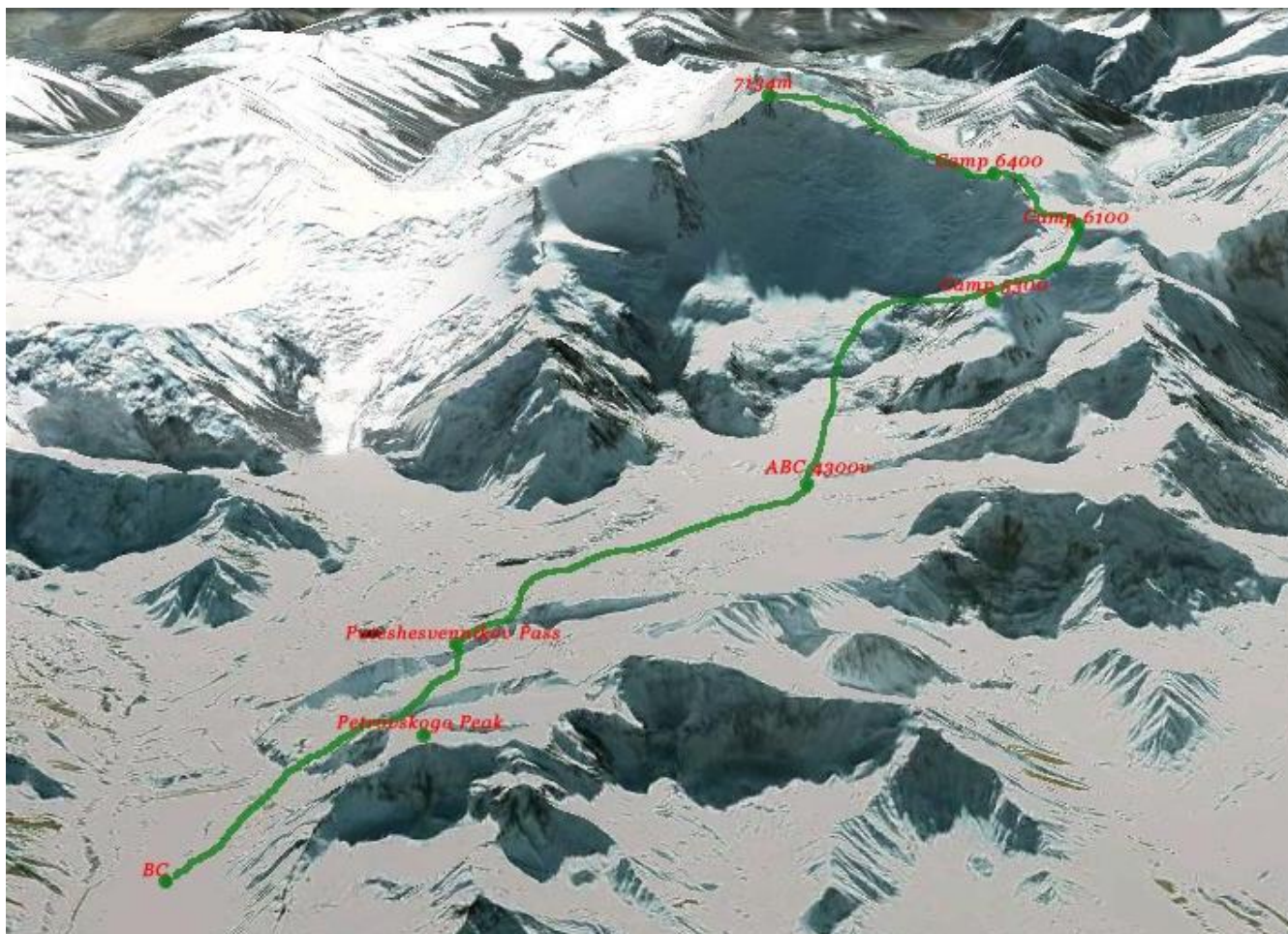
International Youth Expedition “Lenin Peak – 2013”

PROGRAM

- 27.07.13. Arrival in Bishkek. Flight from Bishkek to Osh. Accommodation in a hotel.
- 28.07.13. Transfer from Osh to a natural landmark Achik –Tash. (The distance - 300 km, time - 6-8 hours.) Accommodation in tents in a Basic Camp (3800 m).
- 29.07.13. Acclimatization day. Hiking, equipment preparation, consultations.
- 30.07.13. Training ascent to Petrovsky Peak (4234 m). Overnight in tents at the edge of the mountain.
- 31.07.13. Descent to a Basic Camp. Rest in a Basic Camp.
- 01.08.13. Preparation to the Lenin Peak ascent.
- 02.08.13. Trek to the Altitude Basic Camp (4300 m). Accommodation in tents.
- 03.08.13. Ascent to the Camp I (5300 m). Accommodation in tents.
- 04.08.13. Ascent to the Camp II (6100 m). Accommodation in tents.
- 05.08.13. Descent to the Basic Camp.
- 06.08.13. Day of rest. Participation in the festival of Kyrgyz Alpine Club.
- 07.08.13. Day of rest. Preparation to the ascent.
- 08.08.13. Trek to the Altitude Basic Camp (4300 m).
- 09.08.13. Ascent to the Camp I (5300 m).
- 10.08.13. Ascent to the Camp II (6100 m).
- 11.08.13. Ascent to the Camp III (6400 m).
- 12.08.13. Ascent to the top of Lenin Peak 7134 m, descent to the Camp II (6100 m).
- 13.08.13. Descent to the Altitude Basic Camp (4300 m).
- 14.08.13. Descent to the Basic Camp. Farewell dinner.
- 15.08.13. Transfer to Osh. Accommodation in a hotel.
- 16.08.13. Flight from Osh to Bishkek. Accommodation in a hotel.
- 17.08.13. Departure of the participants.

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ROUTE TO LENIN PEAK 7134m



BC – Basic Camp (3800 m)

ABC – Altitude Basic Camp (4300 m)